

Please take note of the following changes that have been made to the current Health Plan, effective 8/1/09:

- HealthCare Strategies is to be notified if any required durable medical equipment is expected to be over \$1,500. This is an amendment to the prior limit, which was previously \$500.
- Members will need to receive approval from HealthCare Strategies if they require more than 10 physical therapy sessions throughout the year. In the past, all physical therapy visits required pre-approval.
- Ultra-sounds will no longer require any approval from Health Care Strategies.
- The number of chiropractic visits allowed before members are required to notify HealthCare Strategies has been increased from 6 to 12.
- All specialty drugs, such as chemo therapy, that are expected to cost \$1,500 or more need pre-approval from HealthCare Strategies. HealthCare Strategies will also assist in deciding how and where to obtain such medications.

If you have a question regarding eligibility, benefits or a claim, you may call our office Monday through Friday, 8:00 am to 5:00 pm at 419.666.4450.